

Witches, Legends and Curious Tales

from the Heart of Suffolk



STRANGE BUT TRUE

Weds 19th March

2.30pm Stowmarket U3A, The Hall of
The United Reformed Church,
Ipswich Street, Stowmarket IP4 1AD

(Doors open 2pm)

£3 entry (non members) - Contact shelton@live.co.uk to book

Join local historian and author Sarah Doig for *Strange but True?*, a captivating exploration of Suffolk's curious past.

Discover tales of dancing fairies in Stowmarket, unseen smugglers in Hadleigh, and echoes of ancient legends that still linger today. Blending historical facts with local folklore, Sarah brings to life the mysterious people, places, and events that have shaped the Heart of Suffolk.



Sarah Doig - Speaker and Author

After a twenty-year career in the Foreign Office, Sarah returned to her native Suffolk to reinvent herself as a self-employed local history researcher, author and speaker. To date she has written eleven local history books including *The A to Z of Curious Suffolk*.

Sarah is the current chair of the Friends of Suffolk Archives and is a Council member of the Suffolk Institute of Archaeology and History.



For more information:



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